

3.5 Sports Facilities:

i. No. of games/sports activity conducted



The college encourages active participation in sports by conducting 8 different games and sports activities throughout the academic year, promoting physical fitness, teamwork, and overall development of students.


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ii. Indoor Sports Facilities



Indoor sports facilities are available in the college for activities such as table tennis, chess, gym workouts, and kabaddi on kabaddi mats, enabling students to engage in sports irrespective of weather conditions.

iii. Availability of Sports Equipment

The college Physical has adequate sports equipment to support both indoor and outdoor games, ensuring that students can actively and safely participate in various sports activities.

iv. Gymnasium Facility



The college has a fully operational open gymnasium on the campus, providing students and staff with access to fitness equipment and encouraging regular physical exercise for maintaining a healthy lifestyle.


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3.5.1 No. of games /sports activity conducted

RKMV Sports Participation Report for the Session 2023-24

The session 2023-24 has been a remarkable year for RKMV in terms of sports participation and achievement, reflecting the institution's commitment to nurturing the sporting talent of its students. The college has actively encouraged students to take part in a variety of sports at both intra-college and inter-college levels, achieving notable success in multiple disciplines. Below is a detailed report highlighting key aspects of sports participation during this session.

1. Inter-College Competitions

RKMV students displayed commendable enthusiasm and competitive spirit by participating in inter-college competitions across a wide range of sports disciplines. The college was represented in **13 different sports** including:

- Volleyball
- Basketball
- Athletics
- Boxing
- Kho-Kho
- Taekwondo
- Judo
- Cross Country (X-Country)
- Chess
- Shooting
- Kabaddi
- Badminton
- Table Tennis
- Wushu

A total of approximately **130 students** represented RKMV in these competitions, competing at high levels and gaining valuable experience. The college's participation in such diverse sporting events highlights its broad engagement with sports and its commitment to developing student athletes.

2. Intra-College Competitions

RKMV also held **intramural competitions** within the college, fostering a culture of sportsmanship and providing a platform for students to showcase their talents. These competitions saw participation from over **200 students**, making it a vibrant and inclusive event.

- The students who performed exceptionally well in these intra-college events were subsequently selected to represent the college in inter-college competitions. This method of selection ensured that the best talent was recognized and given the opportunity to compete at a higher level.

3. National Sports Day Celebrations

The college celebrated **National Sports Day** with great enthusiasm, commemorating the birth anniversary of Major Dhyani Chand, one of India's greatest


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sporting legends. The event was marked by a variety of sports activities, aimed at promoting physical fitness and team spirit among students.

- Over **500 students** actively participated in the sports activities conducted on this day, making it one of the most significant sporting events of the year for the college.
- The celebration of National Sports Day not only encouraged mass participation but also highlighted the importance of sports as a critical element of holistic education at RKMV.

4. Participation in State-Level Sports Events

Throughout the session, RKMV students also took part in various sports events organized by different departments of State Government, showcasing their skills and bringing pride to the institution. More than **100 students** from the college participated in events conducted by:

- **District Red Cross Society.**
- **Department of Health and Family welfare.**
- **Himachal Pradesh State AIDS control society.**
- **District Sports Office**
- **Police Department**

The students' participation in these state-level events resulted in several accolades and honors, further enhancing the reputation of RKMV in the state's sports domain. Their involvement in these external events also demonstrated the college's commitment to encouraging students to engage with community-level sports programs and contribute to their physical and mental well-being.

Conclusion

The session 2023-24 was highly successful for RKMV in terms of sports participation and achievement. The college's engagement in both inter-college and intra-college sports events, as well as sports events organized by different departments of State Government, reflects its dedication to promoting a balanced academic and sports culture. The significant number of participants, ranging from over 100 to more than 900 students in different events, underscores the institution's vibrant sports environment.

This extensive participation not only fostered teamwork and sportsmanship among the students but also enabled the institution to achieve notable success in multiple sports disciplines. RKMV remains committed to further strengthening its sports programs, ensuring continued excellence in the future.


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3.5.2	Indoor sport facilities	Chess TT Gym Kabaddi Mat etc
3.5.3	Adequate sport equipments	yes
3.5.4	Gymnasium (Operational)	yes

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